

PEANUT BUTTER ENERGY BALLS

Prep Time: 10 minutes | Servings: 12 bites

INGREDIENTS

- 2/3 cup creamy peanut butter
- 1/2 cup semi-sweet chocolate chips
- 1 cup old fashioned oats
- 1/2 cup ground flax seeds
- 2 tablespoons maple syrup or honey



INSTRUCTIONS

- 1. Combine all 5 ingredients in a medium bowl. Stir to combine. Place in the refrigerator for 15-30 minutes so they are easier to roll.
- 2. Roll into 12 bites and store in the fridge for up to a week.