



**CAMP  
SOUTHERN  
GROUND**

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## **ALLERGEN-FREE BANANA OAT COOKIES**

### **INGREDIENTS**

- 2 ripe bananas
- 1 cup gluten-free rolled oats
- 1/4 cup allergy-friendly mini chocolate chips (optional)
- 1/2 tsp cinnamon (optional)

### **INSTRUCTIONS**

1. Preheat your oven to 350°F and line a baking sheet with parchment paper.
2. In a large bowl, have your child help you mash the bananas until smooth.
3. Stir in the oats (and cinnamon or chocolate chips, if using).
4. Scoop by spoonful onto the baking sheet and gently flatten with the back of a spoon.
5. for 12–15 minutes, until cookies are set and lightly golden.
6. Let cool before enjoying together!

