



## **RUCK & BBQ BASH FOR VETERANS**

### **JUNE 28, 2025**

#### **VOLUNTEER OVERVIEW**

Thank you for your interest in volunteering with Camp Southern Ground's Ruck & BBQ Bash to support our Warrior Programs.

Volunteers come in all forms and skills and we welcome all. One thing that all Cap Southern Ground volunteers have in common: they are critically important to furthering the organization's mission.

#### **VOLUNTEER ROLES**

##### **Friday June 27 3-6 PM**

Registration Preparation: (limited physical effort)

- Sort shirts
- Pack goodie bags
- Prepare BBQ tickets

Course Preparation: (moderate physical effort)

- Signage set up
- Station set up
- Water station set up

##### **Saturday June 28 6 AM – 9:30 AM**

Parking Support: (Standing)

- Parking direction
- Shuttle support

Culinary Set up (Heavy lifting)

- Fruit/water/coffee table set up

Registration Table (Limited physical effort)

- Welcome participants
- Registration packet handout

Vendor Area (Limited physical effort)

- Signage station
- Leadership Log attendant
- Raffle table

##### **Saturday June 28 8 AM – 12:00 PM**

Course Support (Mixed Physical effort)

- Course direction
- Challenge (station) management
- Water Station management
- Finish Line cheering

Culinary Support (Moderate Physical effort)

- Hand out BBQ/water
- Trash support

##### **Saturday June 28 12PM – 2:00 PM**

Clean Up Support (Mixed Physical effort)

- Clean up signage
- Clean up trash/empty trash cans
- General cleaning

All Volunteers receive a t-shirt and BBQ ticket. Volunteers can sign up for multiple shifts. Children allowed with parent. **Ready to sign up?** Register at [campsouthernground.org/volunteer](https://campsouthernground.org/volunteer).

**Questions?** Email [development@campsouthernground.org](mailto:development@campsouthernground.org).